No Limits!

2013 National Organization of Parents of Blind Children (NOPBC) Conference for Families and Teachers

Insider Information, Registration and Workshop Sign-up forms, and Conference Overview appear starting on page 7. Pre-register and save money (your envelope postmarked by June 15).

Schedule of Activities for Parents, Teachers, Children, and Youth

MONDAY, JULY 1: Full-Day Seminar for Parents and Teachers

7:30 AM to 8:45 AM — Registration

9:00 AM to 10:45 AM — General Session

Welcome — Carlton Walker, president, NOPBC

Kid Talk with Dr. Marc Maurer — Kids get a chance to speak to the president of the National Federation of the Blind about anything on their minds.

No Limits! — Anil Lewis, director of advocacy and policy, National Federation of the Blind

Braille Readers Are Leaders Recognition

Life without Limits — Dr. Jessica Ewell, opera singer; Lindsay Yazzolino, MIT cognitive neuroscience researcher

No Limits for These Kids! — The students speak.

11:00 AM to 12:15 PM — NOPBC Children’s Activity Music and Movement with Conchita Hernandez, special educator (ages 5-12, in NFB child care)

11:00 AM to 12:15 PM — NFB Youth Track Session (ages 11-18)
Sponsored by NFB Jernigan Institute

Children who would like to take part in the Kid Talk with Dr. Maurer and Youth Track participants will begin the day in the general session, after which they will be escorted to child care or their activity.
11:00 AM to 12:15 PM — NOPBC Concurrent Sessions Parents and Teachers

Access Tech: Apple Products

Come see how the accessibility of iPhone, iPad, iPod products, accessories, and apps could work for your child/student. Instructor: Dan Wenzel, manager, youth services, Blind Industries and Services of Maryland (BISM). Note: This workshop repeats at 2:00 PM.

Early Childhood Language and Play

Learn how to create a stimulating environment for the development of language and play in the young blind/visually impaired child. Instructor: Heather Field, special educator

The Inclusive Classroom

How to set up the classroom and what the classroom teacher needs to know for the student’s full participation throughout the day. Instructors: Denise Mackenstadt, NOMC; Kristen Sims, teacher of blind students

Making and Understanding Raised-Line Drawings

Participants will use raised-line drawing (RLD) boards to create, erase, and revise images through free-hand sketching and more formal manual drawing methods needed for STEM curriculum content. Staff will share tips for improving student ability to read RLDs by touch and understand their content. Instructors: E.A.S.Y. LLC Staff

Social Skills for the Teen Years

Looking good, making friends, dating, and other concerns of the teen years. Instructor: Deja Powell, cane travel teacher. Fashionista: Garrick Scott, president, NFB of GA, and youth mentor

12:15 PM to 2:00 PM — Lunch on your own

Pick up children ASAP from NFB child care at 12:15.

1:30 to 4:30 PM — NFB Youth Track Sessions (ages 11-18)

2:00 PM — NOPBC Children’s Activity Hands-on Art with Ann Cunningham, tactile artist (ages 5-12, in NFB child care)

2:00 PM to 3:15 PM — NOPBC Concurrent Sessions — Parents and Teachers

Access Tech: Apple Products

Come see how the accessibility of iPhone, iPad, iPod products, accessories, and apps could work for your child/student. Instructor: Dan Wenzel, manager, youth services, Blind Industries and Services of Maryland (BISM) (Repeat of morning session)
What’s Available?

What tools and materials are available for my child’s use for access to a full education? Where can my school get them? Instructor: Eric Guillory, director of youth services, LA Center for the Blind

Movement and Exploration for the Young Blind Child

How can you get your child moving and exploring the world? What if your child has delays? Would a cane be good for your child? The session will be appropriate for families with children with or without additional disabilities. Instructor: Mary Jo Hartle, NOMC, teacher of blind students

Aiming for Independence

Independent living skills for home, school, and community. Instructor: Melissa Riccobono, president, NFB of MD, school counselor

The ABCs of Braille

A hands-on workshop for adults that will teach the beginning of Braille reading and writing. Instructor: TBA

3:30 PM to 4:45 PM – NOPBC Concurrent Sessions – Parents and Teachers

Technology: Where Do I Start?

This session will explore the basics of access technology for blind/VI children. Instructor: Jack Mendez, director of technology, LA Center for the Blind

Social Skills for the Younger Years: Interaction and Play

How parents and teachers can facilitate the development of age-appropriate social skills in the younger blind/VI child. Instructor: TBA

Out and About: Independent Mobility for Your School-Aged Child

High expectations, real-life goals, and how to achieve them in independent travel. Instructor: Denise Mackenstadt, NOMC

Self-Advocacy: A Critical Life Skill

We want our children to be able to take charge of their own lives as adults. This workshop will explore the importance of self-advocacy and provide suggestions for teaching children to speak up for themselves effectively. Instructor: Arielle Silverman, doctoral student, University of Colorado
Persuade, Negotiate, Collaborate

Choosing your battles and resolving conflict at IEP meetings so that your child can benefit and make the most progress. Instructor: Sharon Maneki, NFB of MD, advocate

7:00 PM to 9:00 PM – NOPBC Family Hospitality

Relax, chat, meet new families, and connect with old friends. Veteran parents will be on hand to welcome you and provide information.

TUESDAY, JULY 2

No NFB child care on this day

7:00 AM to 8:45 AM – NOPBC Board Meeting

8:45 AM to 10:30 AM – CANE WALK Session I

11:00 AM to 12:45 PM – CANE WALK Session II

Learn and experience the structured-discovery method of travel at these special workshops. Parents, teachers, blind children, siblings welcome. Instructors: Jeff Altman, NOMC, and cane travel instructors

2:45 PM to 4:00 PM – NOPBC Youth Style Show

This is an opportunity for your aspiring model to take a walk down the runway in a favorite outfit from his or her closet. Contact Kim Cunningham at (713) 501-9659 or <kim@gulfimagesphoto.com> for more information and to sign up.

4:00 PM to 5:00 PM – NFB Youth Track Session (ages 11-18)

WEDNESDAY, JULY 3

10:00 AM – NOPBC Children’s Activity Astronaut Activities with Noreen Grice, accessible astronomy educator (ages 6-12, in NFB child care)

11:30 AM to 12:30 PM – NFB Youth Track Session (ages 11-18)

12:45 PM – NOPBC Children’s Activity Beep Kickball with Judy Byrd, Beep Kickball Association (ages 5-12, in NFB child care). You can drop off your child early at child care on this afternoon so that you can attend the NOPBC annual meeting.
1:00 PM to 4:00 PM — NOPBC Annual Meeting: Options and Opportunities

Keynote address by the 2013 Distinguished Educator of Blind Children Award winner, special guest speakers, news from NASA, cutting-edge information on products and services, summer programs for our kids, Parent Power, business meeting, elections, and much more

5:00 PM to 7:00 PM — Braille Book Fair

A book lover’s dream! Browse tables of new and used Braille and print/Braille books. Volunteers will box your books, and the post office will deliver them to your home as Free Matter. Books are free; donations are encouraged to help support our Braille programs. Cosponsored by NOPBC and NAPUB. Coordinator: Krystal Guillory, teacher of blind students, NFBL BELL Coordinator

7:00 PM to 9:00 PM — NFB Youth Track Activity (ages 11-18)

7:30 PM to 9:00 PM — Dads’ Night Out

All dads, sighted or blind, are welcome. Call Jim Beyer at (406) 239-2057 for location.

9:00 PM to 10:00 PM — Convention 101

Facilitated convention experience for tweens and teens. Facilitator: Carlton Walker, president, NOPBC

THURSDAY, JULY 4

7:00 to 9:00 AM — NOPBC Board Meeting

8:45 to 9:20 AM — Convention 101

Facilitated Convention experience for tweens and teens. Facilitator: Carlton Walker, president, NOPBC

10:00 AM — NOPBC Children’s Activity, Making Raised-Line Drawings with Staff of E.A.S.Y. LLC (ages 6-12, in NFB child care)

12:15 PM to 1:15 PM — Convention 101

2:00 PM — NOPBC Children’s Activity, NASA at Your Fingertips with David Hurd, NASA scientist (ages 5-12, in NFB child care)

5:10 PM to 5:35 PM — Convention 101

7:00 PM to 10:00 PM — NOPBC Children’s Activity Crafts and Games — For children whose parents are attending NOPBC evening workshops. (ages 5-12)
7:00 PM to 9:45 PM — NOPBC Concurrent Sessions — Parents and Teachers

7:00 PM to 8:15 PM — Homeschooling a Blind/Visually Impaired Child

Come network with other homeschoolers to share information and tips and discuss the challenges and satisfactions of homeschooling. Instructor: Heather Field, special educator

7:00 PM to 8:15 PM — IEP Basics for Parents of Blind/VI Students

The sections of the IEP, essential assessments, how assessment information is used, how to be an active and effective participant. Instructor: Carlton Walker, attorney, teacher of blind students

8:30 PM to 9:45 PM — IEP Development and Legal Process Overview

Do’s and Don’t’s for the IEP meeting; preparing for possible mediation, due process, appeal, etc.; overview of the legal process; how to prepare for a due process hearing so you don’t have to have one. Instructor: Carlton Walker, attorney, teacher of blind students

NFB Youth Track Activity (ages 11-18) — Time TBA

FRIDAY, JULY 5

8:15 AM to 8:50 AM — Convention 101

Facilitated Convention experience for tweens and teens. Facilitator: Carlton Walker, president, NOPBC

12:15 PM to 1:15 PM — Convention 101

5:10 PM to 5:35 PM — Convention 101

SATURDAY, JULY 6

8:15 AM to 8:50 AM — Convention 101

Facilitated Convention experience for tweens and teens. Facilitator: Carlton Walker, president, NOPBC

12:15 PM to 1:15 PM — Convention 101

5:10 PM to 5:35 PM — Convention 101
NOPBC INSIDER INFORMATION

National convention is a complicated week of events. Here are a few tips to help you stay organized and take advantage of the many opportunities that will be available.

Registration Information

• The NOPBC conference takes place within the larger NFB convention. The NOPBC conference, the NFB convention, and NFB child care all have separate registrations and fees.

• The NOPBC conference registration form and workshop sign-up form appear at the end of this document. Register early to save money.

• To receive the special NFB room rates, you must also register for the NFB convention. Preregister (and save money) before June 1 for the NFB convention at <www.nfb.org>.

Activities for Children and Youth; Child Care Information

• This year we’ll be taking a trip to Gatorland on Sunday afternoon, June 30, the day before the seminar. Details below.

• NOPBC Children’s Activities take place in NFB child care. If you would like your child to participate in an NOPBC Children’s Activity, you must register your child for child care for that day. NFB Child Care information, registration forms, and fee info appeared in the April issue.

• This year’s lineup of children’s activities includes art and drawing, music and dance, beep kickball, and space exploration.

• Child care will be provided by the NFB for children 6 weeks to 12 years of age each day except Tuesday, July 2. Child care will also be available on banquet night, Saturday, July 6.

• The Youth Style Show will take place on Tuesday afternoon, July 2.

• Teen Room (ages 14-18) and Tween Room (ages 11-14) will be available for chaperoned, informal activities at various times during the week. Schedule to come.

• On Wed., Thurs., Fri., and Sat., July 3-6, we will feature Convention 101, informal facilitated discussions in which young NFB members learn about topics being presented on the NFB convention floor. Participants gather before Convention sessions and sit together in their own section with the facilitator. Ages 11 to 15 (interested older students may participate).

Seminar Day Information

• On seminar day (Monday, July 1) adults, children, and youth start the morning together at the No Limits seminar. At the end of the general session, children who are preregistered for child care will be escorted to the child care area, and youth 11-18 will be escorted to Youth Track activities. At the lunch break pick up your children for lunch on your own. After
lunch there will be concurrent workshops for adults, a Youth Track activity, and activities for children in the child care rooms.

Other Activities Going on All Week Long

In addition to the special NOPBC activities for parents, children, and youth listed in this article, other activities that you and your child may be interested in attending will be going on all week. Often activities are going on at the same time, and you and your child will have to make choices. Here is a sampling:

• NFB convention sessions Thursday, Friday, Saturday

• Karaoke Night, the mock trial, the talent show, a play written and performed by blind people, open houses of our blindness skills training centers, technology demos

• Meetings of divisions such as blind students, sports and recreation, performing arts, writers, blind educators, office professionals, lawyers, computer science, employment, guide dog users, agriculture and equestrian, and classic car lovers

• NFB banquet and scholarship presentations

• Our incomparable exhibit hall

NOPBC Family Outing to Gatorland

Gatorland has made it possible for NOPBC families to visit the park on Sunday, June 30, at a discounted rate. Please note, this is the day before our full-day seminar. We will meet in the lobby of the Rosen Centre Hotel at 1:00 PM on Sunday and then carpool or cab-pool to Gatorland, which is a short distance from the hotel. We can then enjoy the park from 1:30 to 5:00 or 6:00 PM, depending on its closing time that day.

Cost of the discounted tickets will be $17.49 for adults and $10.75 for children 3-12 years. Children under 3 are free. Visit the Gatorland website at <www.gatorland.com/index.shtml> to see all the fun-filled activities it offers.
REGISTRATION
NOPBC 2013 CONFERENCE—NO LIMITS!

Make check payable to NOPBC and mail with forms to:
Pat Renfranz, NOPBC Treasurer
397 Middle Oak Lane, Salt Lake City, UT 84108
Save money by preregistering. Preregistration must be postmarked by June 15. After June 15, please register on-site in Orlando.

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<tr>
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<th>By June 15</th>
<th>On-site in Orlando</th>
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<tbody>
<tr>
<td>Adult</td>
<td>$30</td>
<td>$35</td>
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<tr>
<td>Child/Youth (up to 18 years)</td>
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Children are free, but please list names and ages below

Adult Name ____________________________________________________________
[ ] parent [ ] professional [ ] other ____________________________

Adult Name ____________________________________________________________
[ ] parent [ ] professional [ ] other ____________________________

Please list additional adults on a separate sheet.

Address __________________________________________ City _________________________________
State ___________________ Zip _____________ Phone ________________________________________
Email __________________________________________ Alt. phone ______________________________

Child/Youth 1—Name (first and last), age, brief description of vision and any additional disabilities:
_____________________________________________________________________________________
_____________________________________________________________________________________

Child/Youth 2: _________________________________________________________________________
_____________________________________________________________________________________

Please list additional children/youth on a separate sheet.
How many?  Prereg. by June 15  On-site reg.

Adults _____  @ $30 = $______ or  @ $35 = $______

Child/Youth _____  FREE = $00

Total enclosed: $_________

___ I receive Future Reflections

___ This is my 1st national convention

___ I am a member of my state NFB/POBC
    If not, how many national conventions have you attended? ________________

PLEASE NOTE: Preregistrations postmarked after June 15 will be returned.

Also, remember that registrations for the NOPBC conference and NFB child care are separate and must be mailed to different places.
WORKSHOP and ACTIVITY SIGN-UP

SUNDAY, JUNE 30 (Day before conference begins)

1:00 PM—Trip to Gatorland (Please list how many will attend)

_____ Adults       _____ Children 4-12 years       _____ Children 3 and under

(Payment is due the day of the trip.)

MONDAY, JULY 1

11:00 AM to 12:15 PM (Please mark how many will attend each session)

_____ Access Tech: Apple Products
_____ Early Childhood
_____ Inclusive Classroom
_____ Raised Line Drawings
_____ Social Skills—Teens

2:00 PM to 3:15 PM (Please mark how many will attend each session)

_____ Access Tech: Apple Products
_____ What’s Available?
_____ Movement and Exploration for the Young Blind Child
_____ Aiming for Independence
_____ ABCs of Braille

3:30 PM to 4:45 PM (Please mark how many will attend each session)

_____ Technology: Where Do I Start?
_____ Social Skills—Younger Children
_____ Out and About: Independent Mobility for Your School-Aged Child
_____ Self-Advocacy
_____ Persuade, Negotiate, Collaborate
CHILDREN—You must register your child for NFB child care for the day for child to participate. Child care has separate registration and fees. (See article in the April issue.)

Please mark how many children will attend each session

____ 11 AM to 12:15 PM: Music and Movement (ages 5 – 12)

Name __________________________________________________  Age_______
______________________________________________________  Age_______

____ 2:00 PM to 5:00 PM: Hands-On Art (ages 5 – 12)

Name __________________________________________________  Age_______
______________________________________________________  Age_______

TUESDAY, JULY 2

8:45 AM to 10:30 AM: Cane Walk Session I

_____ adults _____ children _____ youth

________ ages ________ ages

11:00 AM to 12:45 PM: Cane Walk Session II

_____ adults _____ children _____ youth

________ ages ________ ages

2:45 PM to 4:00 PM—Youth Style Show

Name __________________________________________________  Age_______
______________________________________________________  Age_______
WEDNESDAY, JULY 3

CHILDREN— You must register your child for NFB child care for the day for child to participate (separate registration and fees).

Please mark how many children will attend each session

_____ 10:00 AM to 12:00 PM— Astronaut Activities
(ages 6-12; mature 5-year-olds may attend)

Name ___________________________________________  Age_______
__________________________________________________  Age_______

_____ 2:00 PM to 4:00 PM— Beep Kickball (ages 5-12)

Name ___________________________________________  Age_______
__________________________________________________  Age_______

THURSDAY, JULY 4

CHILDREN— You must register your child for NFB child care for the day for child to participate (separate registration and fees).

Please mark how many children will attend each session

_____ 10:00 AM to 11:30 AM— Making Raised-Line Drawings (ages 6-12)

Name ___________________________________________  Age_______
__________________________________________________  Age_______

_____ 2:00 PM to 4:00 PM— Space Exploration (ages 5-12)

Name ___________________________________________  Age_______
__________________________________________________  Age_______

ADULTS

7:00 PM to 8:15 PM (Please mark how many will attend each session)

_____ Homeschooling

_____ IEP Basics for Parents of Blind/VI Students
8:30 PM to 9:45 PM (Please mark how many will attend)

_____ IEP Development and Legal Process Overview

CHILDREN (ages 5-12 years)

Please note: Sign your child up for this activity only if you will be attending NOPBC workshops that evening.

_____ 7 to 10 PM Crafts and Games (Please mark how many will attend)

    Name ____________________________________________ Age______
    ___________________________________________________________________
    Age______
NOPBC 2013 CONFERENCE OVERVIEW

Gatorland trip is Sun., June 30. Teen Room and Tween Room schedules to come.

**Monday, July 1**

- **9:00 AM to 10:45 AM**  
  No Limits Seminar (Adults, Children, Youth)

- **11:00 AM to 12:15 PM**  
  NOPBC Children’s Activity in Child Care

- **11:00 AM to 12:15 PM**  
  Youth Track

- **11:00 AM to 12:15 PM**  
  NOPBC Concurrent Workshop Sessions

- **1:30 PM to 4:30 PM**  
  Youth Track

- **2:00 PM**  
  NOPBC Children’s Activity in Child Care

- **2:00 PM to 3:15 PM**  
  NOPBC Concurrent Workshop Sessions

- **3:30 PM to 4:45 PM**  
  NOPBC Concurrent Workshop Sessions

- **7:00 PM to 9:00 PM**  
  Family Hospitality

**Tuesday, July 2**

- **7:00 AM to 8:45 AM**  
  NOPBC Board Meeting

- **8:45 AM to 10:30 AM**  
  Cane Walk Session I (Adults, Children, Youth)

- **11:00 AM to 12:45 PM**  
  Cane Walk Session II (Adults, Children, Youth)

- **2:45 PM to 4:00 PM**  
  Youth Style Show

- **4:00 PM to 5:00 PM**  
  Youth Track

**Wednesday, July 3**

- **9:00 AM**  
  NOPBC Children’s Activity in Child Care

- **11:30 AM to 12:30 PM**  
  Youth Track

- **1:00 PM to 4:00 PM**  
  NOPBC Annual Meeting—Drop kids in child care early

- **2:00 PM**  
  NOPBC Children’s Activity in Child Care
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<th>Time</th>
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<tr>
<td>5:00 PM to 7:00 PM</td>
<td>Braille Book Fair</td>
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<td>7:00 PM to 9:00 PM</td>
<td>Youth Track</td>
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<td>7:30 PM to 9:00 PM</td>
<td>Dads’ Night Out</td>
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<td>9:00 PM to 10:00 PM</td>
<td>Convention 101</td>
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**Thursday, July 4**

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<td>NOPBC Board Meeting</td>
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<td>10:00 AM</td>
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<td>12:15 PM to 1:15 PM</td>
<td>Convention 101 meets</td>
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<td>2:00 PM</td>
<td>NOPBC Children’s Activity in Child Care</td>
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<td>5:10 PM to 5:35 PM</td>
<td>Convention 101 meets</td>
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<td>7:00 PM to 9:45 PM</td>
<td>NOPBC Concurrent Workshops</td>
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<td>7:00 to 10:00 PM</td>
<td>Children’s Activity for children whose parents are in the NOPBC workshops</td>
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<td>Time TBA</td>
<td>Youth Track</td>
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**Friday, July 5 and Saturday, July 6**

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<td>8:15 AM to 8:50 AM</td>
<td>Convention 101 meets</td>
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<td>12:15 PM to 1:15 PM</td>
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